

Basic Taekwondo Terminology

Essential Korean Words and Their Meanings

Term (Korean)	English Meaning
Hana	One
Dool	Two
Set	Three
Net	Four
Dasot	Five
Yeosot	Six
Ilgop	Seven
Yeodeol	Eight
Ahop	Nine
Yeol	Ten
Cha-ryeot	Attention
Kyeong-nae	Bow
Joon-bee	Ready
Shi-jak	Begin/Start
Guman	Stop
Baro	Return
Do-jang	Training hall
Dobok	Uniform
Sabum-nim	Instructor
Gwanjang-nim	Head Instructor
Chagi	Kick
Jireugi	Punch
Makgi	Block
Ap	Front
Dwi	Back
Momtong	Body
Poom	Junior Black Belt
Arae	Low
Olgul	High
Gam-jeom	Penalty
Poomsae	Pattern/Form
Gup	Grade/Rank
Dan	Black belt rank
Dwiro Dora	Turn to the back
Hogu	Chest Protector
Chung	Blue Chest Protector
Hong	Red Chest Protector
Kihup	Shout

